



June 2023

# EAC

**EST. 1921**  
**EDMONTON ART CLUB**  
[edmontonartclub.com](http://edmontonartclub.com)

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### MEMBERS ONLY

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cover photo: "ready to fly" by Rob Guetre



*Ada Wong kindly offered to fill in for the originally scheduled critic who couldn't make it for our May meeting...*

**A**DA WAS BORN in Hong Kong and spent her first fourteen years there. Her parents sent her to art class because her love of drawing was very evident. There, she learned to draw and paint with various media. Ada's subject matter has ranged from still life and portraits, to landscapes.

In recent years, as her spiritual journey progressed, she realized that her ability to express the creativity within her was indeed a gift from God. Nowadays, she uses her brushes to capture the beauty around her as well as to teach others to see and portray this beauty. Ada's work possesses a spiritual depth with a message of hope and peace, the ingredients for healing.

Ada is a member of the Edmonton Art Club and has been exhibiting her work with the club since 2006. She had her first solo exhibit in March, 2008.

*adapted from [www.adawong.ca/about](http://www.adawong.ca/about)*



**KEITH NUNAS**

Nicely rendered mountains and foreground. This painting has many natural rhythms in it. The buildings are expertly drawn, and compositionally, this is a well balanced picture.



**JOHANNE SEPTOU**

This displays a beautiful show of colours. The "V" in the middle could be blurred out towards the darker sky.



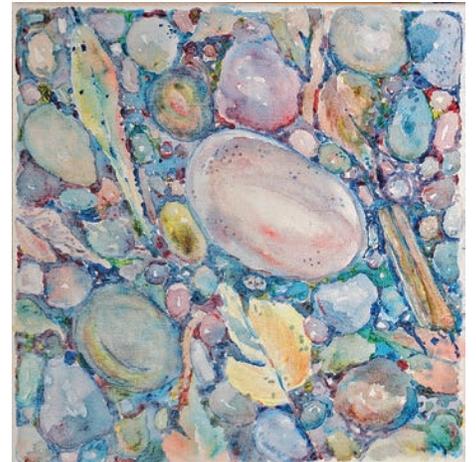
**JUDY WHITE**

A touching portrait. The upper knee could be softened to downplay the 'V' from the back of knee to pocket on her pants.



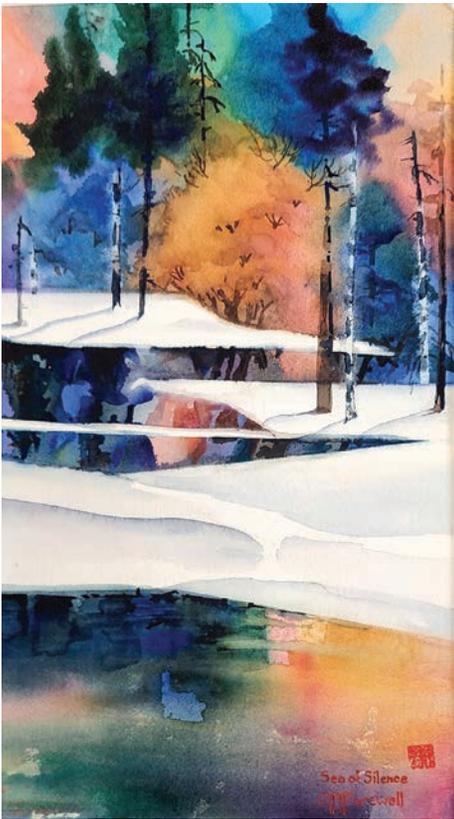
**DIANA PANIZZON**

Beautifully rendered and I really like the dandelion fluff going out from the flower head. Fluff on the underside just above the stem needs to be a bit darker.



**RICHARD ST. AMANT**

My eye goes straight to the yellow green rock in top centre. A bit more contrast in the other rocks would make them stand out and create more energy.



**GAIL FAREWELL**

Nicely done, beautiful colours. Even though it is a western style, the composition is very “oriental” (see notes for Lexi Zhu’s piece). The frame is a nice touch.



**DONNA CHAMBERLAND**

A beautiful piece. The purple with a touch of pink works quite well. If you can vary the hues a bit more, using a little bit stronger colour in some places, pushing the petals out a bit, this would enhance the sense of depth.



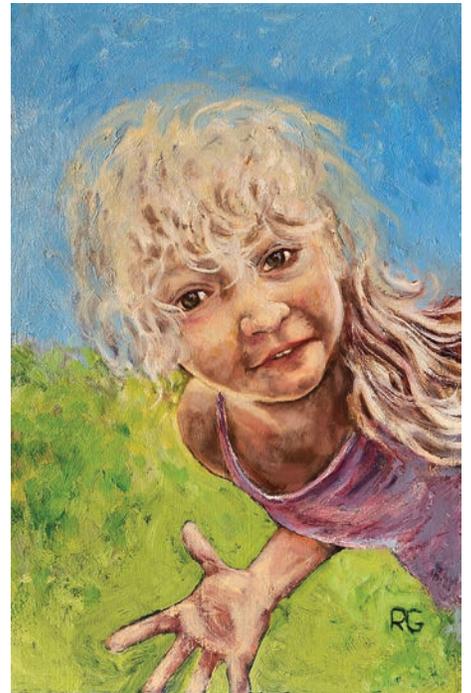
**LEXI ZHU**

Your painting is almost like a fusion of Chinese with a bit of Western influence. In Chinese painting we forego perspective and any sense of space so that the objects float in the picture plane, and is acceptable. This whole picture is in green tones, you can mix it up by adding a bit of cobalt blue for a bit of variation and depth. The texture in the tulips are beautifully done, you almost want to touch them.



**KERI HASKELL** *new member*

This work peeked my imagination. The weight of the colours from top right to bottom left could be adjusted. The bottom could be a bit heavier in value to make the blue bit brighter.



**ROB GUETRE**

Over the years I am impressed with the growth of the Club Artists. This portrait is really nice, really balanced. I particularly like the eyes and the facial expression. I really like the hand, and the underpainting in that area. Try a bit of red to vary the green tones in the background.



**ANDREW BEDINGFIELD**

This tells an obvious story and conveys emotion. The looks nice in rectangular format and it to my heart when I was looking at it.



**MARGE SOMKUTI**

This is a happy picture. The flowers are dancing. The ink is well done and not overly defined or restrictive.



**MICHAELA YANISH**

The pink is your true signature. Looks very nice and works well. The textures in here are effectively rendered. In the centre, between the two peaks, you may want to darken or lighten a bit for contrast.



**PENNY LAMNEK**

I like your use of pink, it is a challenging colour to work with. The blue and the green of the foliage works well with it. Pink and green make each other shine a little bit. A totally different colour could be added to the inner flowers to make them pop. The composition and strength of colours is expertly done.



**MARY FRANCES FITZGERALD**

This painting could be looked at two ways, landscape or portrait. This picture tells an interesting story, seems like there could be people in this story. Maybe have these "people" at different heights in order to draw the viewer in to where you want him to look.



viewable both ways! ↻



**YVONNE BILAN-WALLACE**

This is a nicely balanced piece. I like those yellow lines, beautifully placed and not evenly spaced, which is an attractive feature. Great perspective of the seagulls and waves. The waves could be a bit thinner towards the horizon line to enhance the illusion of depth.



## Meet Our Executive



**Seraya Smit**  
President



**Jani Galarneau**  
Vice President



**Penny Lamnek**  
Treasurer



**Rhea Jansen**  
Past President



**Michaela Yanish**  
Recording Secretary



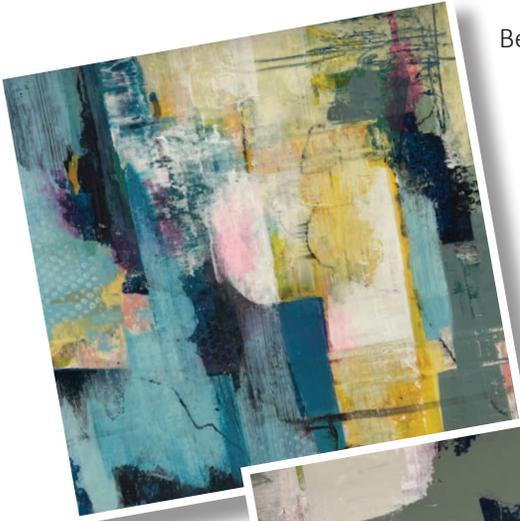
**Diana Panizzon**  
Secretary

# KERI HASKELL

Be sure to visit Keri Haskell's website and Instagram page

<https://www.instagram.com/kerihaskellart/>

<https://www.kerihaskell.com/>



## June 2023 Critic Rick Rogers

I hope my works inspire their viewers. Whether they are inspired to feel an emotion, interpret a message or theme, evaluate and assimilate or innovate a technique, or create something in their own avenue of creativity. Inspiration is fulfillment.

- <https://www.albertasocietyofartists.com/rick-rogers/>



March 26      May 28      June 25

July 30      August 27

September 24      October 14      November 26

**Draw at the Zoo!** THE ARK PROJECT

**SUMMER SALE**  
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**SUNDAYS 10 AM – 2 PM      FEE \$80**  
 with Kim Fjordbotten | supplies included | proceeds for the animals



Learn how to draw by observing real animals. Each session will include an introduction of the animal(s) by a Zoo handler, and a close-up study to see and discuss details we will capture in our observational. Kim Fjordbotten will demonstrate 2 – 3 techniques for participants to try, followed by real-time drawing from life while the animal is moving or acting natural. After the break we will work from photos to continue rendering and completing our drawings.

Click or scan code  to register!



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 PAINTSPOT.CA

## We know there is more to painting than paint.



Our role in the arts community has been to provide artists with the best tools to meet their needs. This includes an obligation to provide the most complete information available on artists' materials from our laboratory, research, and collaboration with other innovators and material scientists. Since 1980 we have been champions of the acrylic medium with the GOLDEN Acrylic brand; in 2010 we were entrusted with the legacy of an amazing oil paint, Williamsburg Handmade Oils, and in 2014 we introduced a totally modern watercolor with QoR. We also know that there is more to a paint company than making paint. We've been delighted to share the story of Golden Artist Colors, its growth, its legacy and its commitment to social responsibility. As artists redefine our concepts of traditional media, we embrace the opportunity to challenge perceived limitations and capabilities of painting and seek to empower artists everywhere. *The mission for Just Paint remains: inform and empower artists in the realization and preservation of their creative vision.*

# JUST PAINT

Published by Golden Artist Colors, Inc.

Subscribe to the free Just Paint Newsletter here at <https://justpaint.org/>

# Jake's Framing

10441 123 St, Edmonton, Alberta T5N 1N8 P: 780.426.4649 E: jake@jakesframing.com

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# MEMBER STUDIOS

## Penny's Studio

*Penny Lamnek*



**WATERCOLOUR STATION**  
*The plants are now outside.*

**TOO MANY BRUSHES**  
*but will always check out ones on sale!*



**ACRYLICS**



**SEWING SPOT** *Don't do much anymore but my granddaughters are showing interest so I will keep it going for awhile.*



**BELOVED BOOKS**

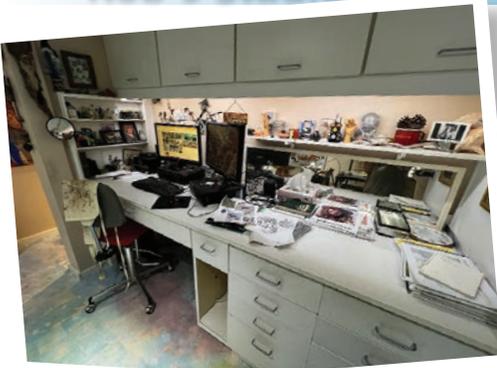


*I keep this sign up so visitors will think my granddaughters were just here, hence the mess.*

This room is also a repository for treasures gifted to me over the years by nieces, granddaughters and other loved ones. You can see them along the windows and hanging everywhere. Cluttered, yes but this room loves them.

## Rob's Studio

*Rob Guetre*



Half the basement has been converted into a combination maker space / studio. Here I do a variety of things: primarily to do with painting pictures but can include various activities that Sherryl likes to call "puttering".

**puttering** (Merriam Webster)

put-ter 'pə-tər. puttered; puttering; putters. intransitive verb. : to move or act aimlessly or idly. : to work at random : tinker.



*"Maker" space (above left)... and directly across from there (left), my painting space, featuring my home built wall hung easel on which I can work on large paintings (such as the one pictured above), or a couple of smaller ones.*

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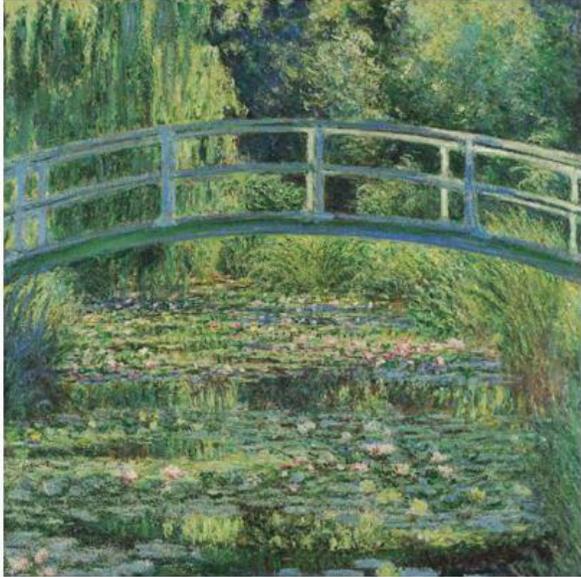
Visit our  
website



**WEBSITE INSIGHT**

# 5 Reasons Why Looking at Art Makes Your Brain Happy

As artists, we all know the mental benefits of creating art, but did you know that simply viewing art can be beneficial? Here are five reasons why your brain likes it when you look at art.



*The Water-Lily Pond, Claude Monet 1899*

## Chill Out

The next time you feel overwhelmed, stressed, or anxious, try taking a step back and looking at a piece of art. It can be a piece you have in your home, in a book, or even one that you pull up on your phone or computer. Take five minutes and really look at the piece, considering the colors, the perspective, the setting, the subject, and anything else you notice, and really think about it. Chances are, at the end of your five minutes, you'll feel better than you did before.

## Love, Love, Love

Do you need a little love? A University of London study showed that when a person looks at a piece of art that they see as beautiful, there is an instantaneous release of dopamine, a chemical that is linked to feelings of love, into the brain.

## Put That Brain to Work

When you look at a new piece of art, your brain starts looking for patterns, shapes, and anything else that is familiar to make you feel more connected to the piece. Even if you don't "get" it, your brain is still going to work, trying to find meaning in what you're looking at.

## Time to Escape

Art has been made for nearly as long as humans have existed. By looking at art from a different time, you're transported to the time and place that the artist has depicted & that helps your brain make you feel as if you're doing a little bit of escaping. The next time you step into a museum, think of it as time-traveling instead!

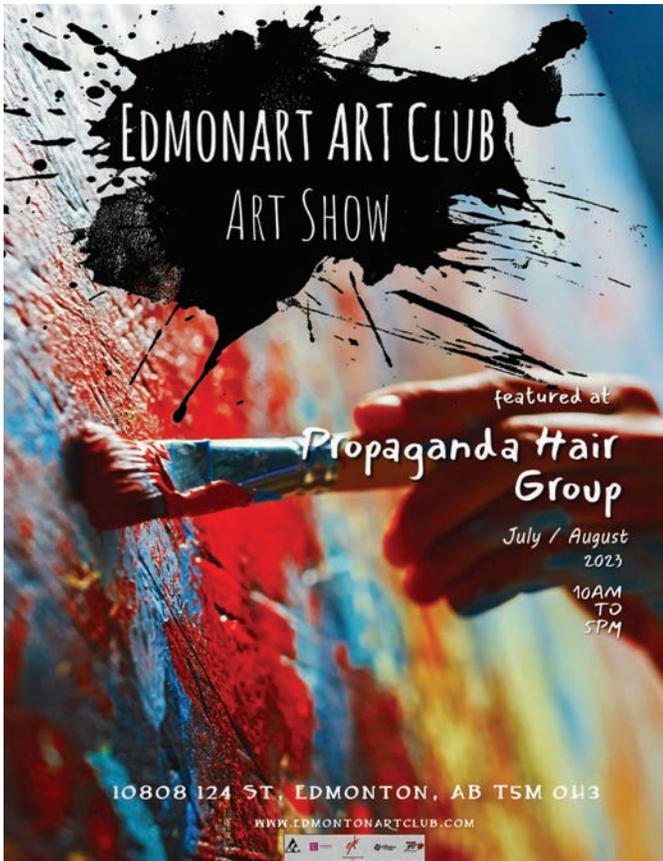


*The Grand Canal of Venice (Blue Venice), Edouard Manet 1875*

## Think!

One study found that a single hour in a museum changed the way people thought and felt. The subjects of the study exhibited improved critical thinking skills, increased empathy for how people lived in the past, and improved tolerance for people different from themselves. The next time you've got a brain-block, looking at art just might help to clear it up!

U P C O M I N G . . .



Edmonton Art Club  
**Illuminating  
Edmonton**  
12 X 12 One Price Show

\$325

June 24 to July 18, 2023  
presented at Night of Artists  
8330 82 Ave NW, Edmonton, AB T6C 0Y6



[www.edmontonartclub.com](http://www.edmontonartclub.com)

[www.nightofartists.com](http://www.nightofartists.com)



## Awards Annual Juried Show 2023

First Place  
**Jani Galarneau**

Honourable Mention  
**Johanne Septou**

Honourable Mention  
**Franchesca Songco**

# THANK YOU!

Thanks to Colours, Delta Art and Drafting Supplies, The Paint Spot, and the Strathcona Art Society for their ongoing support in helping to distribute the EAC newsletters!

And thanks to the following businesses who give generous discounts to EAC members!



11116 - 120 Street NW, Edmonton



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10032 - 81 Ave NW, Edmonton



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Alberta  
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**We're grateful to the Alberta Foundation of the Arts for their continuing support.**

As the primary arts resource and grant-funding body in Alberta, the Alberta Foundation for the Arts helps to unleash the potential of every artist through funding, arts promotion, and capacity-building. We provide behind-the-scenes support to artists and arts organizations, giving them the power to inspire minds, encourage expression, foster creativity, and contribute to Alberta's economy. From story time at local libraries to annual festivals on neighbourhood streets, the arts are active in your community. Albertans celebrate and support the arts as artists, volunteers, donors, and attendees at local arts events and activities. Experience, celebrate, and take pride in the arts—they're all around you!

Read more at [affta.ab.ca/home](http://affta.ab.ca/home).



CARFAC  
ALBERTA

Visual Arts Alberta – CARFAC is a Provincial Arts Service Organization funded provincially and municipally that provide a communications hub between members of the visual arts community and the general public. Visual Arts Alberta – CARFAC is the affiliate for the national arts organization Canadian Artists Representation/le Front des artistes canadiens (CARFAC) in the province of Alberta.

**CARFAC Alberta Office & Project Space:**

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Hours: Wednesday to Friday, 10–4pm and Saturday 12–4pm

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[carfacalberta.com](http://carfacalberta.com)

[general@carfacalberta.com](mailto:general@carfacalberta.com)

# MEETING MINUTES, MAY 11, 2023

recorded by Michaela Yanish

Number of members: 18

Number of guests: 1

Number of artworks: 16

## CALL TO ORDER

Meeting called to order at: 7pm by Penny Lamnek

Introduction of Guests/New Members: new member Keri Haskell.

April minutes approval moved by Jenny Rodrigue and seconded by Donna Chamberland.

## PRESIDENT'S REPORT

### (Penny Lamnek on behalf of Seraya Smit)

Our next meeting is June 8 in this room 440.

## VICE PRESIDENT'S REPORT (Jani Galarneau)

No Report, Jani not present

## TREASURER'S REPORT (Penny Lamnek)

Edmonton Art Club Treasurer's Report April 2023

May Balance Forward..... \$ 7,452.08

Withdrawals ..... \$ 796.87

Deposits..... \$ 397.53

Closing Balance ..... \$ 7,052.74

Penny Lamnek moved acceptance of the report, seconded by Gail Farewell.

## NEWSLETTER REPORT (Rob Guetre)

All members are encouraged to submit newsworthy items such as feature artists (members), studio visits, etc. for publication in the newsletter. The deadline to submit is May 25th.

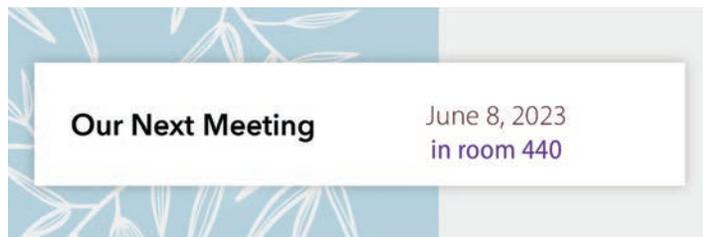
## OTHER BUSINESS

Penny thanked Rob and Jani for taking down the NOA exhibition. Penny advised all to contact Jani regarding picking up paintings.

Adjourning of meeting at 7:18pm, moved by Donna Chamberland and seconded by Johanne Septou.

Critic: Ada Wong (previously scheduled critic couldn't make it and Ada volunteered to fill in)

Gofer: Marge Somkuti



A graphic with a light blue background and white floral patterns. A white rectangular box in the center contains the text: "Our Next Meeting" in bold black font, followed by "June 8, 2023" and "in room 440" in purple font.

## mark your calendars...

### for the **ILLUMINATING EDMONTON 12x12 SHOW**

**SET UP:** June 19th 9:30am at Bonnie Doon Mall, Night of Artists (NOA) Gallery.

**OPENING NIGHT:** Saturday Evening, June 24th

**TAKE DOWN:** July 19th 9:30am  
Hanging fee of \$25 and NOA Gallery will take 30% on SOLD items

All art work will be set at the same price of \$325

**LOCATION:**

Bonnie Doon Mall, 8330 82 Ave

Please come in at the MacKami college entrance, NOA is across from the dollar store.

On opening night we expect all members to attend with friends or

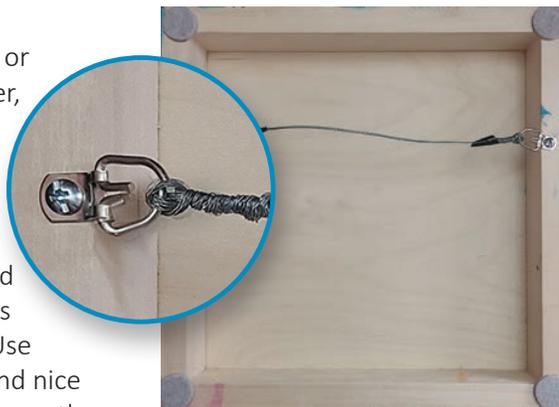
family. We need to show solidarity with all our members even if we are not in the show. This also demonstrates our commitment to our club and to Phil Alain so we are asked to do more shows. Tickets are FREE but need to be bought online due to the Liquor license.

**DETAILS:** Three 12x12 wood or canvas paintings per member, no frames. If you need help mounting watercolour on the canvas or wood I'm here to help.

Each piece needs to be wired as shown in at right: 3 inches from the top of the frame. Use the type of U-rings shown and nice and tight with the wire. This greatly

simplifies hanging.

These types of shows have become very popular across North America. Lets make this one an outstanding show! I can't wait to see all the amazing pieces you have created.



# Website What's New

## MEMBERS' ONLY UPDATE

- Streamlined Landing Page
- Resource Directory
- What Updates Have I Missed
- Calendar

# UPDATE



## Updated Critique Night Guidelines

Critique Night involves the presenting of completed artwork or “works-in-progress”. The following updated guidelines adopt a more inclusive approach that is more in line with our contemporaries, SWCA and the FCA.

- A piece can be completely finished or almost done.
- A piece can be finished but the artist remains unsure if there are still things that can be improved.
- Critique Night is intended to be a

learning session.

- Framing is optional and sides do not need to be finished, however, artwork is to be presented stable and with intent.
- Use the “Red Dot” system:
  - 1) Labels with your name are located in the display area.
  - 2) If your artwork is a “work-in-progress”, affix a red dot to the label (*see sample pictured at right*).

These name labels are to accompany the artwork when put out on display. This helps the critic to identify the artist and determine whether or not the piece is a “work-in-progress”.



### A NOTE TO MEMBERS REGARDING ADVERTISING IN YOUR NEWSLETTER...

In order to help cover the circulation costs for our newsletter, paid advertising relevant to any artistic activities is being sought from artist groups, suppliers, and non-members. Rates on a per insertion basis are indicated in the page templates (pictured below). Please refer to these for sizes and shapes relative to the printed area of a newsletter page.



full page



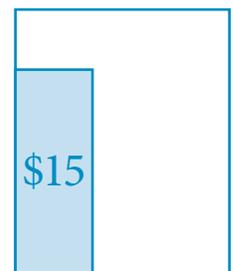
half page horizontal...



and vertical



quarter page horizontal...



and vertical

### Important Notice Regarding Liability and Insurance

As per EAC Policies:

- As a condition of entering the show, participants agree that the EAC will not be held liable for damage, loss or theft of their artwork.
- Participants shall be responsible for obtaining adequate insurance coverage for their art work.

Insurance purchased for EAC is liability only, and does not cover personal items or art work.

# Edmonton Art Club Executive and Other Committees 2021

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Past President	Rhea Jansen	rheajansen@shaw.ca	780 242-6153	
Treasurer	Penny Lamnek	hans.lamnek@outlook.com	780 689-2410	
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Recording Secretary	Michaela Yanish	michaela@raffertys.ca	780 990-2572	
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Critique Writer	Jenny Rodrigue	jenita8237@gmail.com	587 879-5367	
Critique Photographer	Jenny Rodrigue	jenita8237@gmail.com	587 879-5367	
<i>back up</i>	Yvonne Bilan-Wallace	wallaces_4@shaw.ca	780 964-7346	
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	Jani Galarneau	jgalarneau@live.ca	780 994-9210	
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	Nola Bukvi	nbukvi@shaw.ca	780 444-0927	
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